



Intramural Sports

2011-2012

Intramural activities are voluntary and exist because students want and enjoy them. Recreational sports are a big part of college life for both participants and spectators. Playing on more than 50 intramural teams and cheering on the sidelines, more than 500 men and women participate in Richland's Intramural Sports Program every year.

This program offers something for everyone, from team sports (football, basketball and volleyball) to individual sports (tennis, golf and running). In addition, the college sponsors an end-of-year party for all intramural participants.

Who is eligible?

All Richland students, faculty and staff are eligible and encouraged to participate. Whether you are an avid athlete or just enjoy a little competition and exercise, we have a program for you!

How to participate

You can get with your friends and build your own teams, or visit the intramural office and we'll find a team for you. There's no need to hesitate just because you don't know other people who want to play on a team. We're always happy to introduce you to other sports enthusiasts.

Bulletin Board

Intramural participants will find important messages on the bulletin board located across from the trophy case in the gym and at www.richlandcollege.edu/intramurals. Schedules, results, entry deadlines and entry applications will be posted on the bulletin board.

Awards

Intramural championship t-shirts will be awarded to first- and second-place finishers in individual events and to all members of championship and runner-up teams.

What about injuries?

If you are injured in an intramural event, you may be given first-aid treatment. However, Richland is not responsible for injuries incurred while participating in intramurals, and you are urged to carry some type of health accident insurance. You assume all financial obligation for injuries when participation is voluntary.

Schedule

All intramural activities are Tuesdays and Thursdays from 12:30 - 1:45 p.m.

www.richlandcollege.edu/intramurals



Richland College

DALLAS COUNTY COMMUNITY COLLEGE DISTRICT

An equal opportunity institution.

The Intramural Program



Fall 2011

Tennis Fun Tournament (Singles) Beginner & Intermediate divisions	Sept. 6 & 8
Tennis Fun Tournament (Doubles) Beginner & Intermediate divisions	Sept. 13
Flag Football League (Air-it-Out)	Sept. 15
Almost Golf - 9 (holes on campus)	Oct. 25
Basketball League	Oct. 27
Turkey Trot Cross Country Run/Walk (Estimated Time of Arrival- 3 mile run or 2 mile walk)	Nov. 22

Spring 2012

Co-Ed Volleyball League	Jan. 24
Basketball - 3 point shootout	Feb. 14
3-on-3 Basketball League	Feb. 16
Co-Ed Indoor Soccer League	Mar. 20
Co-Ed Softball League (Team Meeting & Practice)	Apr. 17
Intramural FREE PIZZA Party	May 3

All events are open to men and women. Activities are Tuesdays and Thursdays from 12:30-1:45 p.m. All dates are subject to change. Please check the gym bulletin board periodically or go to www.richlandcollege.edu/intramurals for more information.

Division Office: 972-238-6260, room G104
Intramural Office: 972-238-6266, room G136
Equipment Room: 972-238-6245, room G104

www.richlandcollege.edu/intramurals