

# EARTHQUAKES

No area in the United States is immune from earthquakes. Earthquakes will strike without warning, and the major or “initial shock” is usually followed by numerous “after-shocks” which may last for weeks or months. An earthquakes’ effect on buildings will vary from structure to structure. Sprinkler systems or fire alarms may activate due to the shaking. Building structure, stairways and elevators will require inspection for damage following an earthquake.

## INSIDE BUILDING:

- ❖ Get under desk, table or other sturdy furniture with your back to the windows.
- ❖ If you are not near any furniture, sit in a corner or with you back against a wall, face away from any windows.
- ❖ Drop to your knees, clasp both hands behind your neck, bury your face in your arms, make your body as small as possible, close your eyes and cover your ears with your forearms.

## OUTSIDE BUILDING:

- ❖ Drop to your knees, clasp both hands behind your neck, bury your face in your arms, make your body as small as possible, close your eyes and cover your ears with your forearms.
- ❖ Maintain position until shaking stops.
- ❖ Move away from buildings, trees, overhead wires and poles.
- ❖ Do not enter any building until it is determined to be safe.



**Follow RC-ERT member and/or first responder instructions.**